



LETTER FROM THE PRESIDENT



We had rain and wind on our Chinese New Year Parade which did not stop Local 798 members from having a good time and flying our colors.

The St. Patrick's Day Parade will be held on Saturday, March 15th this year. The Firefighter's contingent will be led by California Fire Pipe and Drum Band. As all of you are aware this is the largest St. Patrick's Day Parade west of Chicago and from all reports never has a firefighter not had a lot of fun. Some say it is almost a Montana to Clark moment that lasts for hours. Say a rosary for no rain.

Recently I attended an IAFF Human Relations Conference in New Orleans. Brothers and Sisters from Local 798 were and briefed attended classes/workshops on issues relating to growth and involvement by other IAFF locals. After attending these workshops and listening to other unions, I believe that our union is ahead of the game in comparison with other locals. I, along with firefighters from New Orleans Local 632 took a tour of the devastation from Shocking to put it Katrina. best! The men and women of the New Orleans Local 632 did not scatter and run; they held their ground. They temporarily put the issues of homes and loved ones on "call waiting" and did their job; much like

Local 798 members did in the Loma Prieta quake. I asked myself where we would be when the next big one hit. I know we would not turn and run but do we have a command staff that is experienced (real experience) and savvy enough and not blink like those political appointees of FEMA.

Good luck to all the brothers and sisters hitting our new manuals for the upcoming Lieutenant and Battalion Chief's test. Just remember to think about the Foam Unit for your next room and contents fire.

Watch yourselves; the heavy hand of the Administration Discipline is running 24/7 one sided discipline I must add for us, not them.

Be Safe. Go Giants!

John F. Hanley President

INTERVIEWS, INVESTIGATIONS, AND REPRESENTATION

Vol. 35, No. 2

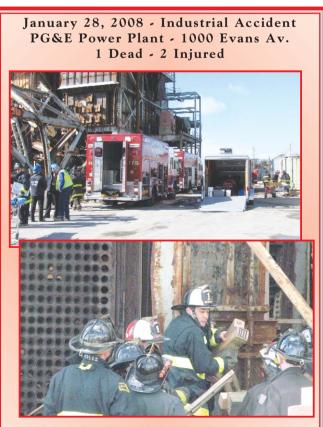
By Joe Moriarty, Vice President

I have been representing Local 798 members at interviews, investigations, administrative hearings, as well as trials before the Fire Commission since 1996. Over the past 4 years I have seen a steady rise in the number of formal discipline proceedings. It seems that incidents in the past that were handled at a company or battalion level now become major rule violations that constitute days off or a trial before the Fire Commission. The concept of being innocent until proven guilty has taken a back seat to the thought that if someone has been accused of wrongdoing he or she must be guilty.

Furthermore, this administration often ignores recommendations from front-line suppression supervisors, (Suppression ACs and BCs), conducts inaccurate and biased investigations arriving at conclusions not based on fact, and then relies on recommendations for discipline based on the faulty information.

When you are the subject in an investigative interview it is your right to have a representative present during that interview. Also, it is important to realize that the investigator is not your friend. Too often unsolicited information at an interview is used by the Department against the employee. Furthermore, if you believe that you have been suspended unfairly you can appeal that proposed suspenhefore the Fire sion Commission. Remember, you have rights as a SFFD employee represented by Local 798. Know those rights and assert them when needed. 🛠

The MAIN LINE is the official



Read more about this incident on page 12. Photos by Stan Lee

publication of the San Francisco Fire Fighters Local 798. Affliated with IAFF-CIO/CLC. It reflects the views and opinions of the Executive Board and the membership. We do not endorse or support any other publication. Nor do we endorse or support telemarketing as it pertains to the San Francisco Firefighters Local 798. John Hanley President, Local 798 POST, POST, PAID Francise CA No. 69. Non] U.S. San San Francisco Fire Fighters Mission Street Trancisco, CA 94103 MAIN LINE 1139 San F

Next Monthly Meeting:

9:00 a.m. Thursday April 10, 2008

Submissions:

The deadline for submission of articles for the *Main Line* is:

May - June Issue / April 20 July - August Issue / June 20 Sept. - Oct. Issue / August 20

Station Stewards

Station 1 Station 2 Station 3 Station 4 Station 5 Station 6 Station 7 Station 8 Station 9 Station 10 Station 11 Station 12 Station 13 Station 14 Station 15 Station 16 Station 17 Station 18 Station 19 Station 20 Station 21 Station 22 Station 23 Station 24 Station 25 Station 26 Station 27 Station 28 Station 29 Open Station 30 Station 31 Station 32 Station 33 Open Station 34 Station 35 Station 36 Station 37 Station 38 Station 39 Station 40 Station 41 Station 42 Station 43 Station 44 Station 48 Station 70 AP 1 AP 2 AP 3 BFI BFP BOE HO Open

Dan Gracia Carla Bisio Murphy Stephen Engler CLOSED Jim Mellberg Michael Horta Jose Zalba Ramon Serrano Lawrence Rustia Leonardo Harris Tom Oertli Mike Belcher Sherman Tillman Bruno Walthers Brett Evart Patric Steele John Chung Daniel Tauber Rebeccah Sturtz Mike Beere Steve Finnegan Dominic Shanley O.J. Leonardo Thomas J. Carberry Kinnie Iamerson Randy Hendricks CLOSED Steve Harper CLOSED Brendan McGorrin Tracey Courtney O'Keeffe Jon Grant Pat Higgins Brook Baker Ricky Yee Eigil Qwist Tom O'Brien Janice Hoaglin . Ken Yee Mike Guajardo Michael Smith Michael Gonzales Joel Paige James Mogannam Terry Woo Bobby Jackson Dave Amituanai

Stan Lee Tom Cordes, Mike Estebez, Tom Harvey Al Harvey RADIO Open

Members interested in becoming Station Stewards should contact the Union office at (415) 621 - 7103

THE MAIN LINE

March/April 2008, Vol. 35, No. 2

Official Publication of the San Francisco Fire Fighters Local 798 Affiliated with IAFF and AFI-CIO/CIC

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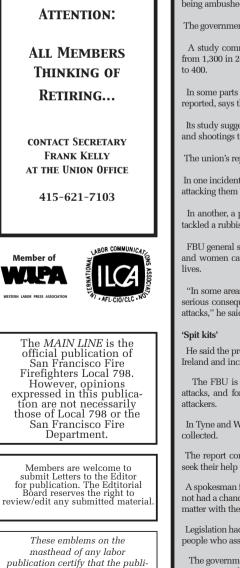
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cation is a member in good standing of the International Labor

Communications Association and

has bound itself to observe

ILCA's Code of Ethics.

ATTENTION

TO: LOCAL 798 MEMBERS

FROM: TOM O'CONNOR. TREASURER

UNION DUES FOR 2007

\$1,097.84

IF YOU HAVE ANY QUESTIONS, PLEASE CALL THE UNION OFFICE AT (415) 621-7103

International Fire News

The number of violent attacks on fire crews in England and Wales is going up despite official claims to the contrary, the Fire Brigades Union says.

Assaults increased by 15% last year but government statistics showed a fall of 68%, according to the union.

It is calling for greater protection for firefighters who it says face a daily threat of being ambushed, shot at, stabbed and abused.

The government was happy to discuss the matter with the FBU, a spokesman said.

A study commissioned by the union suggests the number of attacks increased from 1,300 in 2006 to 1,500 in 2007, while official data showed a drop from 1,300

In some parts of the country attacks are so frequent that they are no longer being reported, says the union.

Its study suggests there are around 40 attacks every week, ranging from stabbings and shootings to ambushes where firefighters are pelted with bottles or bricks.

The union's report - Easy Targets? - revealed a catalogue of serious assaults.

In one incident a hoaxer lured firefighters to a supposed car fire in Cheshire before attacking them with bricks.

In another, a petrol bomb was thrown at a fire engine in Merseyside as firemen tackled a rubbish blaze.

FBU general secretary Matt Wrack said it is almost "beyond belief" that firemen and women can be attacked so viciously while fighting fires and trying to save

"In some areas, attacking fire crews has become a recreational activity with very serious consequences. It cannot be part of anyone's job to face abuse, threats or attacks," he said.

He said the problem was being addressed more effectively in Scotland, Northern Ireland and increasingly in Wales

The FBU is calling for fire crews to receive training on dealing with violent attacks, and for more money to be invested in decent protection and catching

In Tyne and Wear, crews have been given "spit kits" so the attacker's DNA can be

The report concludes public awareness campaigns should also be launched to seek their help in reducing the level of assaults.

A spokesman for the Communities and Local Government Department said it had not had a chance to consider the union's report but would be happy to discuss the matter with the FBU.

Legislation had been brought in last year to help the fire service take action against people who assaulted firefighters, he added.

The government believed the safety of firefighters was an important issue and it was unacceptable that crews should have to face attacks, he also said.

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UNION LETTERS

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Local 798,

Please use the enclosed check as you see fit.

Thanks for the Main Line. I always look forward to it. Peter Sorensen

Please use as needed.

Jim Smith

Local 798,

Please accept the check donation and use it as you may need. Also thanks for my SFFD retirement badge from 798.

> Stay safe, Charles Hallgren Retired

P.s. Thanks for the new contract and its benefits

Officers, Board of Directors, and Office Personnel of Union Local 798.

Happy New Year! Many thanks to all of you for all your dedication to our best interests.

Please use enclosed check as needed.

Bill DeMattei

Officers, Directors and Staff, Local 798

Many thanks for all you have done and continue to do to improve the health and welfare of fire fighters – active and retired.

Please use the enclosed as needed in memory of our fallen brothers and sisters.

> Best regards, Jack Rebholtz

In memory of Al Lambrechts. Peggy Hames

Local 798,

Please accept this donation in the memory of Marty Armenta who passed away 28 years ago. 1/20/1980.

Thanks for all you hard work!

Don Frediani Retired

In memory of Al Lambrechts. Jack and Joan Erickson In memory of Patrick Moriarty. Sheila Brosnan

Gentlemen,

I am a man of 87 years. I have lived in San Francisco since I was 3 1/2 years old. I have lived in Bernal Heights, Mission District, Westwood Park and finally in Saint Mary's Park. The later area we have been there for over 50 years. In fact fire box 5641 stands on my front door. I went to school at J. Serra School near old 32 Engine at Holly Park Circle and Appleton. Those were the days in which the bell system was in service.

I just had major operation on my left leg in August of 2007. Had been away from home for 3 months. Now that I am home I need some reading material to use up my spare time.

I have two favorite fire departments, San Francisco and Honolulu. Honolulu because I was born in Hawaii. Fire department is one of my many hobbies. I collect fire truck cards (like baseball cards), stamps, newspaper clippings and special Post Office commemoratives relating to fire department matters or events.

Years ago I enjoyed getting copies of the Main Line and Inside Box. I still have some copies of the Inside Box in my collection.

I am enclosing a check that your local may use on any program you wish. I hope my name can be added to your mailing list to receive the Main Line newspaper.

> Thanking you in advance. Sincerely, Herbert Smith

12/11/2007

Dear John,

As per our conversation yesterday; use this donation where you feel it can do the most good.

Ray M.

This is in memory of Albert

Birdsall, use as needed. Thanks for all the hard work. Regards,

Steven Lipson, Ret.

Jan. 2008 Members and Executive Board

of Local 798,

Thanks for all of your hard work throughout the years.

Please use as needed in memory of Alfred Galli, Jim Groshong, and Lou Grossman. Mark G.

1/2/2008

In memory of Big John Flaherty died August 2007 and Al Gervasio Old 7 died March 2007. Two great guys.

> Al McCarthy Ret. Truck 6

1/6/2008

Use where needed in memory of BC Lx, Big John, Joe Bugs, Hugh Byrne, the Blue Max, and all our fallen brothers.

Also enclosed a check for SFFCPF. A special thanks to Tony Stefani for all the hard work he is putting in for all of our benefit.

Tony Simi

January 6, 2008 To John Hanley,

You guys are doing a great job, keep up the good work. Use enclosed check where needed.

> Thanks, Jim Lyons Retired

1/7/2008 Enclosed to help with Main Line.

Keep up the good work.

Dan O'Connell

1/17/2008

Please accept this donation in memory of my late husband Lou Mambretti (3/9/1995).

> Thank you, Diana Mambretti

January 18, 2008 President Hanley, Executive Board, and Directors of Local 798.

Just a short note to say THANK YOU for everything that you have done for the working and retired members of the San Francisco Fire Department. Hope this letter finds everyone in good spirits and health for the New Year. Please use the donation where needed.

> In memory of my dad, Steve Flaherty

Jan. 18, 2008 Thank you for your efforts. Please use enclosed wherever needed.

Mr. and Mrs. Jack Kermoian

1/25/2008

Use this check where needed. It is great receiving the Main Line and keeping updated on issues. Thanks to everyone for all the hard work, and for keeping our retirement wonderful and secure.

> My very best, Bob Blackburn Retired Engine 42

1/29/2008 Local 798.

It has been going on four years since I have retired. I cannot believe how fast time has past. I apologize for the delay in writing. I had gotten too caught up in my life as most of us do. My life had been good.

I would like to give special thanks to the executive members, Mr. J. Ferguson, Mr. J. Hanley, Mr. A. Sacco, the directors and staff for the leadership and perseverance in achieving the many benefits that we receive today. Without the guidance of the executive board and the unity of the membership we could not have achieved what benefits we have today.

I am proud to have been a San Francisco firefighter and glad to have participated in all the union campaign drives during my career. I realize that

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staying united and focused accomplishes much more in life.

Enclosed please find a donation in memory of all the firefighters and chiefs whom I have had the pleasure to work with throughout my career (January 21, 1974 thru May 14, 2004). Again, thanks for doing a great job.

> Sincerely. Roland Lee

Jan. 30, 2008

Thank you for all the work you do on behalf of the firefighters and retirees. Use check as needed.

> Patrick (Len) Wallace Retired - Fireboat - Eng35

February 1, 2008

Gentlemen/Ladies:

Local 798.

Please accept this donation in the memory of the many brothers and sisters who have passed on and left a great legacy behind them.

A large thank you to the Executive Board for continuing to fight to maintain and improve the working conditions of our current members in their ever-changing work environment. Your efforts also have really helped the retirees to be able to maintain a very comfortable retirement.

Charlie Krieger

January 21, 2008 Local 798,

Sadly, I've just recently become aware of the passing of Firefighter Guido DeVincenzi, retired from the Bureau of Equipment.

I met Guido early in my career in 1972, at Station 22 and had the pleasure of working there with him for three years. What a great driver, pump operator and mechanic Guido was! Certainly, there were none better from whom to gain the knowledge and skills required in our career, and to learn to properly apply those particular firefighting skills and the "driver's cap" and the "old timer's" red rag hanging out of the back pocket, topped it all off nicely.

Throughout the years, I'd run into Guido when he would come out to a certain station for some repair or adjustment to the Engine or Truck. Again, there would always be a "kernel of wisdom" he would pass along.

Guido really was one nice guy with a great sense of humor – a real Gentleman! He is sorely missed!

In his memory, please use my enclosed remembrance of Guido as Local 798 deems proper.

> Sincerely and Fraternally, Bruce Wagner

News of my friend, confidant, operator, chiefs aide DENNIS "OIL CAN" BOYD, hit me hard. I have taken several months to reflect on what I wish to say regarding this remarkable man.

Dennis played it pretty close to the vest with most people, but to those of us who knew him, he was a real funny individual, quick on the uptake, witty, an avid reader, a good judge of people.

I crossed paths with Dennis when I made the swing BC's spot between battalion 4 and battalion l. I had briefly worked with him a few times at battalion 5 and always found him extremely competent. I had run the gamut of operators, chiefs aides for the 2 years previous, and when I found out Dennis had made the spot I was delighted. We hit it off immediately. I liked to travel throughout the district and he liked to do the same just as much as I did.

One of the great assets to a BC is his aide / operator, not just at fires, here I was lucky because of his experience, but also in the day to day operations. I used his take of how

things were going in the different stations. He didn't have to say much as I was lucky to pick up the general drift of how the troops felt about certain policies, what was working and what wasn't, not so much as what was said but what wasn't said

Working with Dennis made it a pleasure to come to work. Out of the 5 years we were paired up in the swing, he was gone from his assigned spot (vacations, idv's, etc) maybe a few weeks, I felt like someone removed my right arm.

Dennis, for those of you who didn't know, moved from the City about 4 1/2 years ago, I had received an e-mail telling me the good news - great locution (Albuquerque, New Mexico). And then the bottom when dropping out he informed me he had cancer internally and it had spread to his bones, and they (the doctors) gave him about 4 years to live.

I e-mailed Dennis fairly regularly over the past 3 years, jokes, small talk, SFFD news, etc. He didn't dwell on the thing he was going thru, but would readily speak about his deteriorating condition for just a little bit each time I spoke with him in the past few months.

I consider myself more than fortunate to have Dennis as a friend, unlike the rest of the

job, we were paired up watch for watch, in the buggy for hours at a time, during which you get to really know each other. The biggest compliment I ever received in my years of service in the SFFD came when I informed him of my retirement date and asked Dennis if I could put in a word to the powers that be and see if they could send a BC into the swing spot who could "chew gum and walk" so to speak, in his own words "DO ME A FAVOR AND DON'T SAY ANYTHING, BUT WHEN YOU GO I'M GOING AT THE SAME TIME, I CANT WORK FOR ANYONE ELSE" needless to say I was floored.

I tried to make time to visit Dennis towards the end of his battle, myself and Kevin Callagnan, aka "Brown Wind", were in the process of making tentative plans to visit Dennis when I received word from his wife he had passed.

Knowing Dennis, if he passed on while still in the city it would have been a quiet funeral no rigs, maybe an honor guard for a few hours and for sure Father Green to say a few words, he didn't need the "show business touch" for a send off. Dennis "Oil Can" Boyd YOU WERE ONE OF A KIND AND WILL BE GREAT-LY MISSED!

> Don Walsh Retired



www.sffdlocal798.org MARCH / APRIL 2008 • MAIN LINE • PAGE 5 How to Choose a Therapist That is Right for You

By Dr. Kristine Bartlett and Dr. Vickie Dwyer Safety personnel value training and problem solving. You are hired for these skills and are often creative in overcoming the challenges that life gives you. As a member of a firefighting team you have been highly trained to handle a variety of difficult situations. But when it comes to emotional situations, you might not have the training or tools you need to find the support and direction you are looking for.

Working as safety personnel, you are tested in many ways, every day. At some point you might find you are also facing challenges at home or in your personal life. It may be complexities in your marriage, the stress of a teenage child, or trouble in your work. If you have decided to see if therapy can improve your current situation; you are left with the question of how to choose a therapist. It is our hope that this article will provide you with information that helps you to find the right therapist. Here are some of our suggestions:

Ensure that the clinician is licensed. Licensed clinicians will have a license number on their business card or advertisement. You can also check them out by contacting the Board of Psychology or Board of Behavioral Sciences. Life coaches are a growing trend and can be very helpful. However, if you work with a life coach that is not a licensed clinician, that relationship is not protected by client/therapist confidentiality and communication is not considered privileged. If you are interested in coaching services, many licensed clinicians can provide coaching services that include the protection of privileged communication.

Therapists come in all shapes and styles. The key is to find the one that is the most compatible with you. We will use the term therapist or clinician to refer to a licensed mental health worker. Mental health clinicians include master's level Marriage and Family Therapists (MFT) and Licensed Clinical Social Workers, (LCSW), doctoral level Psychologists (PhD, PsyD) or Psychiatrists (MD). Each educational level has something different to offer. All of them have the skills to offer psychotherapy or counseling. Psychologists have addition training in diagnosis, assessment, and testing. A psychiatrist is a medical doctor who specializes in the treatment of mental disorders and typically prescribes medication.

Interview your prospective therapist. The number one factor in the success of therapy is the client therapist relationship. If you don't feel you can trust your therapist, they can't help you. You may have to shop around. Try not to wait until you are in a crisis. Interview potential therapists and find someone who "clicks" with you; it is worth the effort. Here are some potential questions to ask:

Has the therapist worked with safety personnel before or how familiar are they with your lifestyle/work challenges? This may or may not be important to you depending on your reason for seeking treatment. What are the therapist's specialties, level of training and experience? If you are looking for a therapist to help with your teenager's academic problems, you may not need a trauma specialist.

What are their fees? Do they work with your department's Employee Assistance Program? Do they

accept your health insurance? Be aware that using your health insurance for mental health treatment affords you a lower level of confidentiality. For example, the client must be diagnosed with a mental illness in order for the treatment to be "medically necessary" and approved for coverage by most health insurance compa-Insurance companies nies. generally require the therapist to disclose the diagnosis and details of the treatment in order to provide coverage. Educate yourself about the limits of confidentiality when using your health insurance and determine if you are comfortable with that level of disclosure

Ask about the therapist's office hours. Often firefighting hours conflict with nine to five operations. If that is your case, ask if the therapist can accommodate your unique schedule. Sometimes your initial assessment will be during traditional hours, but your therapist will schedule future appointments at more convenient times. Some clinicians offer telephone appointments.

If you have traditional values or strong religious beliefs, talk to your potential therapist and make sure your values will be respected. This can be especially important when working on parenting issues in therapy.

Just because you start with a therapist does not mean you have to stay with them. Now we are not saying that if the therapist points out your unhealthy behaviors you should look for another therapist. But, if you find that the therapist's style or personality interferes with what you are trying to accomplish, then the relationship is not working. Even if this therapist came highly recommended, if the therapy is not working well *for you*, ask for a referral.

Your job is not to educate your therapist about the realities of firefighting. If you find that your therapist is not able to handle the stark, sometimes grim, realities of your daily life experiences, find someone else. It is counterproductive to go to someone for help that you feel the need to shelter or protect. There are plenty of clinicians that will be better suited to help you.

Ask around or ask one of your peer support members for therapist referrals. If you're uncomfortable disclosing your own issues, you can always say it is for your spouse or children. Maybe others in the station have been in a similar situation. Referrals can be an excellent source of information and the SFFD Stress Unit can be good place to start.

We hope this information has been helpful and has provided you some useful tools for getting help when you need it. Mental health clinicians can be very useful in dealing with the challenges you face every day. As firefighters you have been taught to survive in very difficult situations, this is an opportunity to thrive not merely survive.

Authors:

Drs. Kristine Bartlett and. Vickie Dwyer are licensed clinical psychologists who have both personal and professional experience helping individuals and families confront, and master, the unique challenge of post-combat and public safety stress.

RETIREES

By Brendan O'Leary

Local 798 has received information from the Fire Commission that the following members have retired. If there are any corrections or additions, particularly LWLP or Acting Assignment retirements, please contact Director Brendan O'Leary at the Union Office. Congratulations and best of luck to all the retirees. Enjoy your well deserved retirement.

NAME Teresa Juergens Connie Guzman Christopher Curto Juanita Hodge Robert Cuff Barbara Rooney Mortimer J. Joyce Walter R. Smith Ed H. O'Donnell Richard V. Stark John J. Barden Thomas R. Gorman Richard Pasquinelli Mark Donnelly Darryl J. Scobie Raymond Donnelly Tania Bauer Stephan Gregory

RANK H2 Firefighter H2 Firefighter H₂ Firefighter H20 Lieutenant H2 Firefighter 1426 Sr Clerk Typist H2 Firefighter H2 Firefighter H40 Battalion Chief H2 (Acting H20) H20 Lieutenant H2 (Acting H4) H2 (Acting H20) H20 Lieutenant H2 Firefighter H2 Firefighter 0922 Comm. Sec. H2 (LWLP H20)

TYPE RETIRE DATE Disability 06/01/02 Disability 02/25/06 03/01/06 Service Disability 05/06/06 Service 06/16/07 Service 07/01/07 Service 07/01/07 Service 07/21/07 Service 08/07/07 Service 08/08/07 Service 08/09/07 Service 08/11/07 08/19/07 Service Service 09/11/07 Service 10/01/07 Service 11/13/07 Service 12/29/07 Service 01/04/08

O P E N F O R U M

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IT'S ONLY MY OPINION...THAT'S ALL

By Perry Saxton

COMMUNICATIONS CON-UMDRUM

It was a mistake from the beginning: The way CAD (Computer Aided Dispatch) is configured; it has *never* been able to use GPS to recommend the closest ambulance to an emergency! The GPS itself works. The problem is that CAD is not programmed to consider GPS information when it recommends which ambulance to send.

Rather than focus on reprogramming the system, Communications Center management's solution is the Fleet Seat. In addition to assigning Dynamically Deployed Ambulances to fixed standby points, the person on the Fleet Seat is also supposed to monitor ambulances' GPS positions, recognize when CAD makes bad recommendations, and tell the dispatcher in the adjoining "Hot Seat" before they broadcast a Code 3 dispatch with the wrong ambulance.

Theoretically, all this is supposed to happen within the ninety second window for dispatch. In reality, whoever CAD recommends is almost always dispatched out over the air. If a closer ambulance is available, that is dealt with later if at all.

While Dynamically Deployed Ambulances in the field can "volunteer" themselves over the air, such "field dispatching" is discouraged. The Fleet Seat doesn't always realize that the ambulance recommended on the "Command Line" is not the closest. The Fleet Seat may be hesitant instead of conferring with the Hot Seat or vice versa.

As a result, scenarios like the following unfold with some regularity: In the wee hours of one recent morning, M43 was dispatched from Moscow and France to an address on San Bruno Avenue. In responding, the medic passed a much closer and available Dynamically Deployed Ambulance located at San Bruno and Silver. They were waiting where the Fleet Seat had earlier placed them, but ignored them for dispatch nonetheless. The Dynamically Deployed Ambulance was

within walking distance to the address of the emergency. Two hours later, M43 was dispatched out in the same direction only to pass a Dynamically Deployed Ambulance placed at Silver and San Bruno Avenue, again much closer to the emergency.

When an on-duty manager was contacted in the Communications Center regarding this, the response was "it happens!" It shouldn't. Sending ambulances from greater distances across town Code 3 not only happens too often, but also depletes resources while putting firefighters, medics and the public at increased risk.

NATIONAL FIRE NEWS

FIRE FIGHTERS CALL TOWN OF STOUGHTON "MOST UNPATRIOTIC TOWN IN AMERICA"

National, State, and local union officials and firefighters from across Massachusetts descended on the town of Stoughton, calling the Town of Stoughton, "The Most Unpatriotic Town in America."

Fire fighters say the town is unpatriotic for failing to compensate Stoughton Fire Captain Doug Campbell, who is on active duty in Iraq, as a member of the Massachusetts Air National Guard. Other Stoughton Fire Department members have been working his tours of duty at the fire department in order for him to receive his entitled benefits.

"Brother Campbell is the ultimate public safety employee serving on the frontlines, both as a fire fighter and member of the Air National Guard." says Bob McCarthy, president of the Professional Fire Fighters of Massachusetts. "I am appalled and shocked by the actions of the Stoughton Selectmen in choosing to ignore Brother Campbell's situation. It is time for the Town of Stoughton, and the Board of Selectmen, to step up to the plate and support Brother Campbell and his family while he fights for all of us."

Massachusetts has recognized the sacrifice of members of the Armed Services by enacting laws in support of employees serving during this time of war. Many municipalities are providing salary and health insurance benefits for the families of these employees. Stoughton's Board of Selectmen has chosen not to address Campbell's benefits while he is on active duty.

"Stoughton fire fighters take pride in protecting the residents and businesses of this town," says Peter Denneno, president of Stoughton Local 1512. "Brother Campbell and his family are also part of this community. We need to come together to help them in their time of need. Depriving him of his benefits while he fights for our country is just unacceptable."

Campbell is an 18-year veteran fire fighter and a 20- year member of the Air National Guard. \bigstar

LOCAL FIRE NEWS S.F. LIMITS USE OF FIRE CHIEF'S MANSION

By Cecilia M. Vega, San Francisco Chronicle February 26, 2008

(02-25) 19:01 PST SAN FRAN-CISCO — City bureaucrats will no longer be permitted to use San Francisco's historic fire chief's residence as temporary housing after a weekend incident in which the new planning director's boyfriend allegedly vandalized the landmark home and set fire to a bed, officials said Monday.

Lance Corey Farber, 47, remained in jail on suspicion of arson and felony vandalism after the incident Friday evening, in which furniture was overturned and a can of crushed tomatoes smeared on the floors and walls of the house at 870 Bush St. Farber was arrested later that night in San Mateo County on suspicion of driving under the influence.

Planning Department Director John Rahaim, who was appointed by Mayor Gavin Newsom in September, moved into the downtown home with Farber in January after relocating from his job as Seattle's planning chief. Authorities said Rahaim was not home when the blaze was set about 8:50 p.m. Friday.

The incident prompted one city official to call for an investigation Monday into how the historic property is managed and another to urge Rahaim to pay for the cleanup.

Initially, police estimated the damages at \$10,000. But Fire Chief Joanne Hayes-White said Monday that because of smoke damage, the three-story home would have to be repainted and have new carpets installed, raising the estimate to as much as \$25,000.

"I would expect the new planning director to promptly reimburse the city and return the firehouse to the nice condition that he received it in," said Victor Makras, a member of the Fire Commission. "Whether it be a family member or just a visitor, the responsibility lies with the occupant. That is why the director should do right."

Newsom spokesman Nathan Ballard said it is unclear who will pay for the damages.

The Dennis T. Sullivan Memorial Fire Chief's Home, which honors a fire chief engineer killed in the 1906 earthquake and fire, was built in 1923 and is an official San Francisco landmark. Hayes-White, who has been in her post since 2004, is believed to be the first fire chief not to live in the house.

Rahaim was the third highranking city official to stay in the house as a temporary residence while looking for a permanent home, officials said. Newsom's office also let Nathaniel Ford, head of the Municipal Transportation Agency, and Juvenile Probation Department chief Bill Siffermann live there.

Over the weekend, Hayes-White said she wanted such arrangements to end. On Monday, Ballard said the administration would comply.

"The mayor will be granting the chief's request," Ballard said.

Although the Fire Department technically maintains the property, officials could not answer basic questions Monday about how the home is managed, financed and controlled by the city.

Supervisor Chris Daly, one of Newsom's chief critics on the Board of Supervisors, outlined many of those questions in a letter to City Attorney Dennis Herrera and called for an investigation into the matter. Daly asked, for example, who in the city approves use of the fire chief's home and who is liable for maintaining the property and paying for damage.

"Clearly, this is a significant holding of the city's, and there needs to be some sunshine on how it's used and for what purposes," Daly said.

Authorities said Rahaim, 52, was not at home Friday evening when he received a phone call from Farber allegedly threatening the burn down the residence. Rahaim immediately called 911, police said, and authorities arrived to find a mattress burning inside a bedroom on the third floor, the garage door open and the home trashed.

Furniture had been overturned, a photograph knocked off the wall, wood floors damaged and crushed tomatoes smeared on the rugs and walls of the second and third floors, according to sources familiar with the investigation who spoke on condition of anonymity.

Farber, a chiropractor, has hired attorney Randy Knox, a former San Francisco prosecutor who worked on Supervisor Matt Gonzalez's 2003 mayoral campaign. Knox is also a member of the Board of Appeals, which hears appeals of Planning Commission decisions.

"This appears to be a personal issue that should remain personal," Knox said. He said the only furniture that burned was the couple's bed.

Rahaim could not be reached for comment Monday. He did, however, send an e-mail to Planning Department staffers thanking them for what he called an outpouring of support, which "completely reinforces my decision to move to this wonderful city."

20 CALIFORNIA FIRE Stations Might Be Closed

Story by kcra.com

AUBURN, Calif. — As many as 20 fire stations in the state could close, including the Cal Fire department station in Auburn, if a proposed budget cut plan is approved.

Gov. Arnold Schwarzenegger has asked Cal Fire to cut more than \$52 million in budget cuts statewide.

KCRA 3 has learned that because of California's budget crisis, Cal Fire is proposing the closure of 20 fire stations statewide as well as another 11 inmate firefighting camps and one Helitack base.

Fire officials acknowledge that it is conceivable that response times around Auburn could increase as much as 10 minutes in some cases.

Cal Fire officials are now pushing a new taxpayer fee. On average, that fee would also cost Californians an added \$10 per year.

According to the governor's Web site, the Wildland Firefighting Initiative would be financed through a 1.25 percent surcharge on all property owners statewide, amounting to about \$10-12 per property owner each year.

Daniel Berlant from Cal Fire said the fee would be much like you have the 911 surcharge on your cell phone bill.

That statewide fee would make up for the budget cuts and would keep the stations from closing.

"You're helpless if a fire comes up here," Auburn resident Lee Dawson said.

If the governor's proposed fee is rejected and the cuts become permanent, no firefighters would lose their jobs statewide.

If the state does indeed close the Auburn station, a county fire engine would be available for emergencies.

The Cal Star medical helicopter would also not be affected by the proposed cuts.

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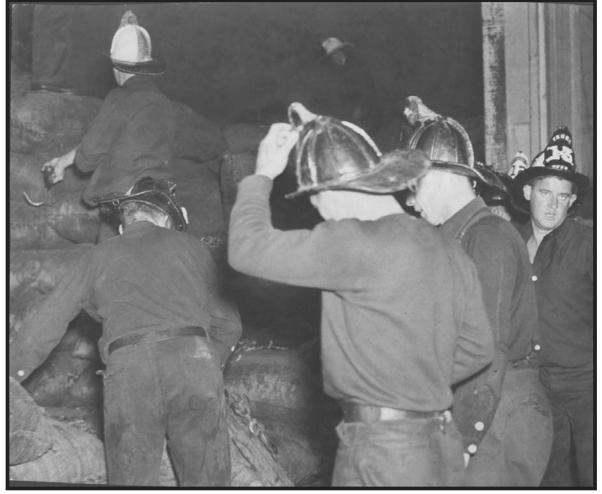
RETIRED MEMBER'S CORNER, LOCAL 798

This section is dedicated to all the retired members of Local 798, who worked many long hours to maintain and improve the working conditions and benefits enjoyed by all San Francisco Fire Fighters. Retirees' efforts established a solid framework of working conditions and benefits for active members to build upon.. Let us never forget . . .





5th Alarm - September 22, 1937 07:30 hrs. 8th Street & Hooper - Standard Oil Co.

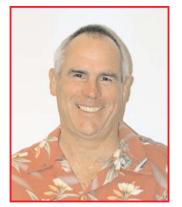


September 25, 1936 - Pier 20



3rd Alarm - October 12, 1936 Berring Russel Stable

S ecre e



By Frank Kelly, Secretary

LUMP SUM

In February of 2005, a handful of retired members of Local 798 filed a lawsuit against the City and County of San Francisco and its constituent department, the San Francisco Fire Department, collectively "The City".

The lawsuit alleged "The City" withheld monies for education achievement, retention and terrorism response pay, while calculating accrued vacation, time coming and sick due retired uniform pav employees (the plaintiffs) for retirement lump sum payouts.

The lawsuit is now settled and is retroactive to February 2002. We were restricted to three (3) years from Discovery

due to the State of California Statute of Limitations regarding such proceedings.

I would like to take this opportunity to thank the San Francisco Fire Commission and the San Francisco Board of Supervisors for their quick action in approving the "Settlement Agreement".

Please note this is a class action lawsuit. There is a procedure that gives notice to members of the class action, and gives them the opportunity to object. You will be receiving in the mail, a document that you should read carefully. Issues that will be addressed in this document and in need of your signature will consist of both notices and releases. The documents will require your signature before you receive your portion of the payment.

Our next court date will be February 29, 2008 to initiate structuring of the payouts. Our best estimates for payment is the latter part of 2008. Every member of the class action suit will receive a different pay-out amount which is based on your accrual rates for vacation, sick leave and time coming.

If you have any questions, please contact Frank Kelly at the union office at (415) 621-7103 x 114.

For current members and future retirees, the issue for lump sum payouts has been resolved in our current MOU. Henceforth, education and achievement pay will be included in your lump sum payouts at retirement for vacation, sick time and time coming.

However, retention pay will not be included. Terrorism Response Pay has been eliminated as a premium and it is now included in your base pay.

IAFF DELEGATE NOMINA-TIONS

In late April/early May, your union will be conducting an election for delegates to the IAFF Biennial Convention to be held on Sunday, August 10 through Friday, August 15, 2008. The site for this convention is Las Vegas, Nevada. In August no less, man it's gonna be hot! And whatever happens, remember, "it stays in Las Vegas".

Look for a union bulletin

announcing the date and timeframe for nomination forms to be filed. All members in good standing are welcome and encouraged to participate. Based on IAFF per capita, Local 798 will be electing five (5) delegates to attend this year's convention. Good luck!

INTERSECTIONS!

Be careful while flying through the crowded streets of San Francisco in your Big Red Time Machine. Accidents happen, hence, time is money and time off is not!! Time off shouldn't be part of the equation as you navigate cautiously and safely down Mission, Market and Van Ness. But it is now, replacing his first cousin, response time. Drive safely out there

RETIREMENT SEMINAR Sigmund Stern Grove April 23-24 2008

Look for the General Order to be out soon.

Go Giants! You heard it here first - Giants to finish above 500. 🛠

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By Brendan O'Leary, Director The San Diego Model

Local 798 has received information from the San Diego Fire Department that the ill-advised experiment involving Fire Inspectors working in the San Diego Development Services Department (the equivalent of San Francisco Department of

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Building Inspection) has unraveled. The San Diego Fire Inspectors had been transferred to the Development Services Department in 1999 pursuant to an MOU that had been negotiated between the departments. Fire two Prevention officials in San Diego had been attempting to bring the Fire Inspectors back into their department and they have now prevailed.

The December 6th Meeting

This recent development from Southern California adds credibility to the San Francisco Fire Department's reluctance to adopt the reorganization plan that was proposed by DBI

Director Isam Hassenin on December 6th. That plan proposed moving the funding, duties, positions and revenue that were currently controlled by the San Francisco Fire Marshal to the DBI. The information presented on December 19th at the Building Inspection Commission by the former State Fire Marshal reinforced the stance that the division of authority between the Building Official and the Fire Department is done on purpose and only the Legislature can absolve the Fire Department of its responsibility to carry out the statutory duties of the State Fire Marshal.

The New Building Inspection

Commission

On February 20th the Building Inspection Commission (BIC) met. Michael Theriault (member of the San Francisco Labor Council) had been replaced by mayoral appointee Ruben Hechanova. Commissioner Theriault had voiced support of the Fire Department position at the 19th December meeting. Rafael Mandelman had been appointed by the President of the Board of Supervisors and replaced Joe Grub. Frank Lee was elected president and Mel Murphy was elected Vice-president. Director Hassenin presented the DBI budget which Continued next page

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By Shon Buford, Director

"Justitia omnibus" (Justice for all), is the motto of our Nation's Capital, and the back bone for all unions. March 9th, 2008 is the start of the Alfred Κ. Whitehead Legislative Conference in Washington D.C., where more than 800 professional fire fighters and emergency medical personnel are expected to attend. This conference is hosted by our International Association of Fire Fighters (IAFF), and provides the nation's first responders with the opportunity to meet with our elected representatives to discuss legislative issues most important to us.

The legislative issues we will bring to the 110th congress are Collective Bargaining, Federal

Continued from previous page

included his additional positions for the implementation of his reorganization plan (Business Process Re-engineering, BPR). After three rounds of voting, the status quo budget was approved (five to two) without the positions that the Director had requested for the reorganization.

BPR Meeting February 27th

Director Hassenin convened a BPR meeting to discuss staffing and automation issues that needed to be addressed in order for the reorganization plan (BPR) to move forward. In attendance representing the Fire Department were Lieutenant Jerry Zari (BFP Plan Check), Captain Peter Schembri (Airport Fire Fire Fighter Presumptive Disability, National Fire Fighter Safety Standards, and Early Retiree Health Care. Thanks to our state representatives, with the support of our federal officials, California fire fighters have collective bargaining, and are covered by our State presumptive disability. That's not good enough, our brothers and sisters across this great country, put their lives on the line every day, and deserve the same rights and protection for their families.

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National Fire Fighter Safety Standards (NFFSS) and Early Retiree Health Care (ERHC) are a little more complicated, and will require more explanation. NFFSS is legislation the IAFF supports in hope of national consensus standards for safe fire department operations. The standards would address a wide range of issues including requirements for protective equipment, safe fire ground staffing, training, fitness, and incident command. Although the federal government already places minimum requirement on fire department through

Marshal) and Captain Brendan O'Learv (High-Rise The director Inspections). briefed the attendees about the difficulties he had encountered with the BIC regarding the supplemental budget and the hiring of 32 new positions. He requested assistance from attendees present who represented unions. He was asking for backing from the unions to help persuade the BIC commissioners to support the supplemental positions. Local 798's past practice has been that we support those that reciprocate and also support the men and women of the San Francisco Fire Department. \propto

NIMS, OSHA and the EPA, many of these requirements are outdated and are not fully consistent with modern firefighting practices. It is the belief of the IAFF that, following such consensus standards would significantly reduce the number of avoidable fatalities among fire fighters.

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The IAFF urges Members of Congress to cosponsor the Medicare Early Access Act that was written and introduced in the 109th Congress in both the Senate House and bv Representative Pete Stark (D-CA) and Senator Iav Rockefeller (D-WV). Numbers given by the IAFF states that an million 47 estimated Americans, or one in six, lack health insurance. In 2006, a staggering 10.7 million uninsured Americans were between the ages of 45 and 64.

In many fire departments early retiree access to health insurance is especially important because fire fighters tend to retire earlier than other occupations. In many cases, fire fighters not only lose their health insurance when they retire, but also find it more difficult than other Americans to purchase affordable health insurance because of health ailments associated with longterm occupational exposure to toxins, smoke, stress and extreme physical exertion.

The Medicare Early Access Act would give people ages 55 to 64 the option to buy Medicare coverage. The bill would:

• Give four million uninsured early retirees over age 55 the option to enroll in Medicare

•Require individuals, rather than the Medicare Trust Fund, to pay the premiums; and

•Allow early retirees who have

employer-provided health coverage to "wrap around" Medicare cover so that the employer could pay a percentage of the monthly Medicare premiums and cover medical services not paid by Medicare.

Representatives Stark and Senator Rockefeller plan to reintroduce the MEAA to the 110th Congress at some point in 2008. It is very important for fire fighters to stand together on this issue, and many more. We in San Francisco are very blessed to have fought a good fight to insure that our members are protected with fare wages, safer working conditions, and quality health care insurance. The MEAA is not the best solution, but it's a step in the right direction.

Days Ahead

Local 798 Station Steward Luncheon well take place on Wednesday April 16th, 2008. The Luncheon begins at 12:00pm at Sinbads, and is for all past and present Stewards. Local 798 will also be hosting another Blood Drive on April 15th, 16th, and 17th 8:00 -3:00pm at Irwin Center located at 270 Masonic Ave.

Genentech along with San Francisco Fire Fighters Local 798 are hosting CLIMB CALI-FORNIA, a stair climb event benefiting The American Lung Association, and The San Francisco Fire Fighters Cancer Prevention foundation. This life saving event will take place Saturday, March 29th, 2008, beginning at 8:00am. Local 798 will be sponsoring the first 20 members who sign up. This is a great opportunity to test your physical endurance, have a good time, and possibly save a life or two. We are asking all active and retired members and their families to come and support us. Call or come by the hall and join our team. 🛠

LOCAL FIRE NEWS

1 WORKER DEAD, 2 HURT IN S.F. COLLAPSE

Kevin Fagan, Jill Tucker, Jaxon Van Derbeken, San Francisco Chronicle January 29, 2008

(01-28) 21:43 PST San Francisco — One worker was killed and two others were badly injured Monday when a five-story tower at a decommissioned power plant in San Francisco's Hunters Point neighborhood collapsed during demolition and pinned them beneath tons of steel, authorities said.

The workers were tearing down a rusted, hulking structure known as a boiler at the southeast corner of the former Pacific Gas and Electric Co. plant at 1100 Evans Ave. when the accident occurred just before noon, authorities said.

Workers were preparing to pull the boiler down with cables when it suddenly collapsed, Fire Department spokeswoman Lt. Mindy Talmadge said.

Witnesses said they heard a loud metallic groan as the top of the structure of crisscrossing metal beams pancaked onto a middle floor - and then, with a loud boom, the upper floors keeled over and trapped the men in a pile of splayed beams and debris.

More than a dozen emergency vehicles surrounded the scene as firefighters attacked the metal heap with blowtorches, a huge crane and electric saws to recover the workers.

All the victims were men, but no other information about them was immediately available. The dead worker's body was removed from the rubble at 9 p.m. and his name was being withheld.

One of the survivors was crawling out of the wreckage when firefighters arrived, said Fire Department Lt. Ken Smith. He was taken to San Francisco General Hospital with potentially lifethreatening injuries to his legs.

The second survivor was trapped in a "cage of steel," Smith said, and it took emergency crews an hour to cut him loose. He was also taken to the hospital with life-threatening injuries to his legs. As he was wheeled into the emergency room, he screamed, "My legs, my legs!" witnesses said.

Kathy Parker of Los Gatos was bird watching in a park about 100 yards from the plant when, before her startled eyes, the boiler began to collapse.

"It looked like one of those movies where some building implodes, like an old hotel or something," she said. "It made this big, crunching, groaning noise, and then all of a sudden it just started falling. There was a big crash, then dust everywhere and workmen running all over the place."

The power plant - long a sore subject for local residents, who complained of noise and air pollution - operated for 76 years before shutting in May 2006. Demolition began soon afterward.

At least 20 other workers were on site when the accident occurred. All remaining crew members were accounted for, firefighters said.

PG&E spokesman Joe Molica promised that there would be "thorough investigation" into the accident, and said the company would cooperate with Cal/OSHA and other agencies.

"Obviously, this is a horrible tragedy, and our thoughts and prayers are with the workers, their co-workers and with their friends and families," he said.

Iconco/LVI Demolition Services is the contractor for the demolition, said Amy McGahan, a spokeswoman for the company. The firm, also known as LVI Environmental Services, was hired to decontaminate, decommission and demolish portions of the plant. The work includes removing asbestos.

About 30 percent of the workers on the demolition were hired from the neighborhood, said James Bryant, president of the A. Philip Randolph Institute, a community group that has been monitoring the project.

"They've had an exemplary safety record so far," he said. "They've been doing a controlled take-

APSE WORKER DIES IN S.F. PRINTING PLANT ACCIDENT

By Demian Bulwa, San Francisco Chronicle January 30, 2008

(01-29) 17:23 PST SAN FRANCIS-CO — A 26-year-old worker at a printing plant on San Francisco's Potrero Hill was killed Tuesday when she became entangled in heavy machinery, authorities said.

The death of the worker, identified by the city medical examiner as Margarita Mojica of Oakland, appears to have been an accident, Fire Chief Joanne Hayes-White said as she stood outside Digital Pre-Press International at 645 Mariposa St.

Fire officials said they were investigating how Mojica became caught in what they described as a cutting and creasing machine that is roughly 5 feet tall and 5 feet wide. The business produces a variety of graphic art products and has worked with clients ranging from photographers to real estate agents to Pottery Barn and Gap Inc.

A worker at the plant called 911 at 11:36 a.m., and firefighters arrived four minutes later. said Lt. Ken Smith, а for spokesman the Fire Department. He said firefighters used a tool at the plant that was designed to open the machine to free Mojica.

The process took 15 to 20 min-

down, and this is a surprise."

Records show that LVI Environmental Services has had its "fair share of accidents" in California, but not enough to elicit unusual alarm, said state Office of Industrial Relations spokesman Dean Fryer.

The company had an accident May 4 at the Hunters Point demolition site but was not cited, Fryer said. That accident involved a worker who struck his head on a phone box as he tried to move a transformer down a stairwell. He knocked himself out and suffered a neck injury. utes, Smith said. Mojica was pronounced dead at the scene.

Fire and police authorities are investigating the apparent accident, as are state workplace safety regulators from Cal/OSHA.

"They're devastated," Hayes-White said of workers who were at the business, some of whom spoke to Department of Public Health counselors. She said the firm has about 80 employees.

Digital Pre-Press International president Sanjay Sakhuja, who founded the firm in 1989, did not return a message left on his cell phone. A man who answered the phone at the business said, "We're not commenting."

The company has one safetyrelated incident on its record, state documents show. In 1999, Cal/OSHA found 12 violations and fined the firm \$3,550. Three of the violations were deemed serious, including one for not having proper equipment for workers to wash out their eyes or shower in an emergency.

The company quickly fixed the problems, records show.

It was the city's second fatal industrial accident in two days. On Monday, a worker was killed in a collapse at a decommissioned power plant in Hunters Point.

LVI was cited last year and still faces a \$6,500 fine for an accident in Los Angeles. In that incident, a demolition worker was cutting an elevator cable to remove it when the cable wrapped around his leg and broke it.

Authorities say a subsequent inspection showed the company did not have an accident prevention plan, but the company is appealing that citation, Fryer said.

Not having an injury prevention program is a "serious violation," Fryer said, but he added that he has seen far worse track records.

SPORTS 2007 TURKEY TROT

By Jim Gallagher

November 17, 2007

The 27th Annual Turkey Trot proved to be one of the more exciting races held on our 4.5 mile Lake Merced course. Less than 0.5 second separated first from second place after a 28 minute and fifty-eight second duel between two of the San Francisco Fire Department's best runners. The cool, foggy and windless weather provided ideal weather for our Lake Merced race. The absence of punishing head winds driven off the ocean as runners returned to the start area along the western route of the Lake Merced perimeter path was a major bonus.

Chief Arthur Kenney issued the race commands and the pursuit for a turkey began. Brett Evart (Stn 15) led the pack exiting from the Lake Merced parking lot onto the perimeter path which circles Lake Merced.

Shortly after entering the pathway, Victor Rodriguez moved into first place, followed by Bill Kneis (Stn 3), Dave Sweeney (Stn 17), Evart. Yamamoto and Rodriguez maintained the lead position through the first mile and was closely followed by a San of Francisco trio Firefighters-Kneis, Sweeney and Yamamoto .

At mile two, Kneis has taken command and led Yamamoto, Sweeney and Rodriguez by a few meters.

Trailing the lead pack, Dustin Novo and Steve Metz appear less stressed than the lead runners while still remaining in contention.

Between the second and third mile, Kneis continued to press the pace forcing Sweeney and Rodriguez to back off the lead pack. By mile three Kneis had disengaged from all but Yamamoto. Jiro was calling on all his reserves to maintain the all important invisible yoke. Both runner's exhibit excellent form: shoulders, arms and hands are relaxed showing a fluid, rhymic economic flow of energy. The positions of the runners remained constant through mile four.

Clearly this has been one of the great SFFD races comparing to the Sobozinsky-Stefani duel in 1989 and the Sobozinsky-McDonnell-Rivera duels in 2001. However. unlike the aforementioned races, in both of the earlier races, the winner broke contact during the last half mile of the race and won by a larger margin. In the present race the combatants battled to the finish line and were separated by the thinnest degree in our history (See the bottom table of "Close Lake Merced Races"..

Yamamoto passed Kneis with a little more than 200 meters but Kneis continued his pursuit. With a 100 meters to go, Jiro had a 3 meter lead and Kneis then called on his last bit of energy to mount a final sprint closing the gap to less than a meter as the pair crossed the finish line within a half second of each other.

Dave Sweeney captures third place and second Master.

Steve Metz finishing 5th overall and first in the 30-39 age division.

Race Director Jim Gallagher claimed the 60+ division title and a new age division record.

Individual	Results
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Place	LAST	FIRST	STN	AGE	S	Time	Points	Division
1	Yamamoto	Jiro	14	48	М	28:57.7	5	1
2	Kneis	Bill	3	52	М	28:58.2	5	
3	Sweeney	Dave	17	44	М	30:05.6	5	
4	Rodriquez	Victor		59	М	31:05.7	5	:
5	Metz	Steve	18	33	М	34:09.5	4	
6	SALAN	FRED	28	37	М	34:33.6	4	:
7	Novo	Dustin	03	38	Μ	35:35.9	4	:
8	Evart	Brett	15	54	М	35:54.5	4	:
9	De Alba	Fernando	03	51	М	36:25.9	3	
10	Gilbraith	Kathleen	28	40	F	37:35.6	3	
11	Lavelle	Micky	10	55	Μ	37:39.6	3	4
12	Scoble	Hank	48	36	М	37:39.9	3	
13	Regan	Patrick		40	М	39:04.0	3	:
14	Zaczek	Chris	14	52	Μ	40:14.0	2	
15	Beere	Mike	05	57	Μ	40:20.3	2	
16	Kalos	Lorrie	HQ	47	F	42:02.8	2	:
17	Gallagher	Jim	14r	72	М	45:06.6	1	

History of Close Races on the Lake Merced 4.5 Mile Course

Event	Date	Participants	Difference	Times
Turkey Trot	2007	Jiro Yamamoto/Bill Kneis	0.5	28:58-59
-		Brendan O'Leary/ Tony		
Turkey Trot	1991	Stefani	2	26:15-17
Monthly Run	1986	Jim McDonagh/Dom Spinetta	2	27:07-09
Monthly Run	1985	Brendan O'Leary/Tony Simi	2	26:36-38
Turkey Trot	2001	Larry McDonnell/Mars Rivera	5	25:44-49
Monthly Run	1983	Bill Posedel/Tom Masterson	6	26:00-06
Interstation	2007	Jiro Yamamoto/Bill Kneis	8	29:09-17
Turkey Trot	1983	Tom Masterson/Tom Ryan	9	26:25-34
Monthly Run	1992	Tom Collins/John Shanley	10	27:29-39
		Gary Alexander/Andy		
Monthly Run	1983	Assereto	12	26:12-24
		Brendan O'Leary/Dean		
Interstation	1993	Litchfield	12	27:49-28:01
Turkey Trot	1984	Bill Posedel/Brendan O'Leary	12	25:59-26:11
		Mars Rivera/Andy		
Interstation	2003	Sobozinsky	13	26:13-26
Monthly Run	1985	Jim Gallagher/Frank Batmale	13	28:41-56

Station	Points	Station	Points
28	7	3	21
		14	11
		1	6
		17	5
		5	5
		HQ	5
		18	4
		15	4
		10	3
		48	3
iteers			
nteers Name		Station	Points
		Station 7	Points 3
Name			
Name Greg Barron		7	3
Name Greg Barron Joe Driscoll Garrett Griffin		7 DOT	3
Name Greg Barron Joe Driscoll Garrett Griffin Tom Haney		7 DOT 14	3 3 3
Name Greg Barron Joe Driscoll Garrett Griffin		7 DOT 14 3	3 3 3 3
Name Greg Barron Joe Driscoll Garrett Griffin Tom Haney Art Kenney Ed Martinez		7 DOT 14 3 5	3 3 3 3 3
Name Greg Barron Joe Driscoll Garrett Griffin Tom Haney Art Kenney		7 DOT 14 3 5	3 3 3 3 3



S P O R T S

HISTORY OF INTERSTATION COMPETITION

By Jim Gallagher

Among the many trends that grew out of the turbulent sixties, physical fitness was and remains one of the more positive. By the mid 1970s runners were seen everywhere, not just on beaches during the summer months. People were running through neighborhoods, wearing the "running outfits" to grocery stores, restaurants, even while attending church service.

Firefighters had always prided themselves in their physical preparedness, and were legend in many sports arenas such as bowling alleys, handball courts, ski resorts and at a wide variety of other athletic venues. A little know fact among San Francisco Firefighters is that one of the early winners of the world famous Bay-to-Breakers Race was a San Francisco Firefighter, John Holden (retired station 8).

In the middle of the 20th century aerobic fitness was not a part of the entrance requirements for the SFFD. In 1960, physical requirements the included a 220 yard run under 31 seconds (it seemed easy at the time), as well as agility (vaulting a gymnastic horse), pull ups, lifting a 150 lb sack to your shoulder, essentially Today most anaerobic tests. Fire Departments assessments employ the mile and a half less than 12 minutes as part of a measure of fitness.

In the early 70s the promoter's of San Francisco's Bay-to-Breakers attempted to generate broader appeal, introduced a competition between the Police and Fire Departments. Also, in the works was a statewide competition among fire departments, known at that time as the California "Winter" Firefighters or "Summer" Olympics. The first "California Fireman's Summer Olympics" were held in San Francisco in 1972. Track and Field events were held at SF University's State Cox Stadium.

The original agreement among the Board of Directors was to alternate the host site between Northern and Southern California annually. In 1972 at the very first Fireman's

Summer Olympics, retired San Francisco Firefighter, Bill Posedel (Station 34) won the first California State Marathon in an impressive time of 2:36:50. Mike Lewis (ret HQ) one of the Association's founders, earned the gold medal in the discus with a heave of 141'2". And Jerry Trainor (retired Station 12) won the Javelin, shuttling the spear a 188'4". The following year, Trainor traveled to Los Angles to launch a tremendous heave of 207' to retain the Javelin State Championship, then to top off his previous performances, in 1974 in Oakland with his leg in a cast he won with a through of 179'3".

Bill Tuohy (Retired Station 2) led a number of Master (over 40) San Francisco firefighters in the inaugural State Olympics to the medal stand. Touhy edged out teammate Tommy Murphy in a 12.3 second victory in the 100.

Athletics were now a major part of San Francisco Firefighter's lifestyles. As with the sense of personal care, fitness had become part of the culture.

SFFD Interstation Competition

By 1978, a number of San Francisco Firefighter's had participated in Walter Stack's DSE Running Club's weekly runs throughout the San Francisco Bay Area. Among the races organized by the DSE was a practice Bay-to-Breakers run that took place the week prior to the official American Athletic Union (AAU) sanctioned race. The story behind the DSE's Bay-to-Breakers run dates back to the 1960s and a populace reaction to restrictive controls of officials administrating road races.

At the time, racing, or road racing was limited to near professional level males. Women regardless of their level of fitness were not allowed to compete. Males who were not swift afoot could compete but little care was given to stragglers by race directors.

The DSE not only allowed women to compete but offered an equal number of awards to both men and women, an equitable yet very forward policy in 1968. For most races it was necessary to become a member of Amateur Athletic Union (AAU), this was also the case to run the Bay-to-Breakers Race. Membership in the AAU was not a requirement for the DSE organized Bay-to-Breakers Race.

Tim O'Brien (Ret Stn 1) and I wanted to provide a local race venue for SF Firefighters to participate. We were looking for a friendly run to generate spirited competition among firefighters. A number of plans were considered that would reflect the following goals. First, we wanted to encourage all firefighters to participate and that their participation would be meaningful to the results.

A descending point system was devised whereby performance would be beneficial, but also participation of members would affect the outcome. The devised scale of points awarded to each station member finishing the run ranged from a maximum of six for an outstanding performance to a minimum of a half point for anyone completing the course.

The DSE Bay-to-Breakers was an ideal venue to hold our "Interstation Competition" because it was inexpensive (\$2.00 per runner in 1978) and lots of ordinary runners participated, and the Bay-to-Breakers course offered a serious challenge.

We developed our scoring technique, met with Walter Stack to insure that we could have access to the results, and announced our plan early in 1978. A competition among fire stations was born.

Our very first Interstation Competition brought 44 SF Firefighters to the Spear and Howard starting line. All finished the race, and Station 14 edged Station 6 by a mere half point. The results and a photo of most of the original participants are on our website: SFFRRC.org. The largest participation was in 1985 when 185 San Francisco Firefighters finished the 7.4 mile course.

We continued the Interstation

Competition in the DSE's Bayto-Breakers through 1986 when the Police Department's Permit Officer challenged the operation for lack of permit, insurance and security.

As a result we moved to the Lake Merced course, established the San Francisco Runners Club, obtained permits and insurance. Our 31st Annual Interstation Competition will be held on Saturday, May 10, 2008 on the 4.5 mile Lake Merced course.

Once again we encourage all SF Firefighters to train and participate in this annual event. The specifics are that there are two divisions of station competition. First is the "Multi Company" Division which consists of those companies with more than one company housed in their Station. This traditionally consisted of an Engine, a Truck or Rescue Squad.

Companies sharing quarters with only Chiefs such as Station 40 were considered Single Companies. In other words, a chief did not constitute a Company. The advent of Medical Units has also been disregarded in terms of changing the status of divisions. So, neither a Chief nor Medical Unit changes a station to a "Multi-Company" division.

All stations with Trucks and Rescue Squads are in the "Multi-Company Division". Anyone who is uncertain of the status of their station please contact Jim Gallagher.

Points

The point schedule has not changed and is, for runners completing the course under:

28:00	6 points
28:00 - 31:59	5 points
32:00 - 35:59	4 points
36:00 - 39:59	3 points
40:00 - 43:59	2 points
44:00 - 47:59	1 point
48:00 – above	0.5 point

Continued next page

S P O R T S

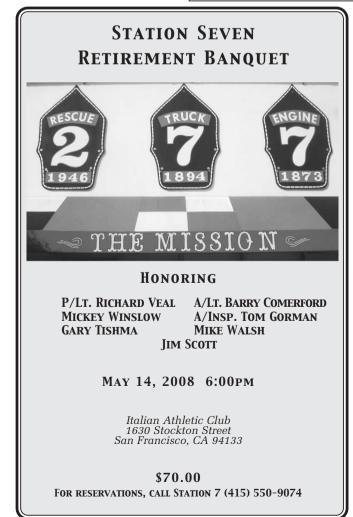
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Volunteers also receive 3 points for their station. Stations are limited to 3 volunteers from Multi-Company Stations and 2 volunteers from Single Company Stations. Volunteers must give notice five days prior to the race date, in this year's case by May 8, 2008.

Below are listed individual division winners and the team winners from 1978 – 2007. Station Seven has dominated the Multi Company Division winning the championship eleven times. Station Twenty-Two has won the Single Company Division nine times. Station Three is the defending champion going into the 2008 Championship. There was not a winner in the Single Company division in 2007.

Larry McDonnell has won the overall individual championship ten times. Andy Assereto and Tom Ryan have won age divisions nine times each. Megan O'Connell leads in the Women's division having claimed seven titles. Past Winners of the Interstation Competition

Year	First Place	Master 40-49	GMaster 50-59	Senior 60+	Woman	Master Woman	Multi	Single
1978	Ken Scalmanini	Tom Ryan	Norm Etzel				14	22
1979	Darrell Jeong	Tom Ryan					38	27
1980	Phil Kay	Tom Ryan					14	22
1981	Phil Kay	Bill Posedel	Norm Etzel				1	22
1982	Phil Kay	Bill Posedel	Rodger Monks				14	36
1983	Gary Alexander	Tom Ryan	John Boscacci				7	22
1984	Tony Stefani	Tom Ryan	Bob Frazier				7	36
1985	Brendan O'Leary	Gary Alexander	Frank Lahane				7	23
1986	Bill Posedel	Bill Posedel	Jim Gallagher				7	36
1987	Tony Stefani	Bill Posedel	Jim Gallagher	Bob Bechler			15	40
1988	Tony Stefani	Gary Alexander	Tom Ryan				9	36
1989	Tony Stefani	Eric Richardson	Dom Spinetta		Mary Carder		13	36
1990	Andy Sobozinsky	Gary Alexander	Jim Gallagher				9	40
1991	Andy Sobozinsky	Ray Moreno	Tom Ryan		Megan O'Connell		19	23
1992	Jim Jenkins	Jim Jenkins	Jim Gallagher		Junita Hodge		15	40
1993	Larry McDonnell	Andy Assereto	Bill Posedel	George Kniese	Megan O'Connell		3	23
1994	Larry McDonnell	Andy Assereto	Bill Posedel		Megan O'Connell		3	22
1995	Andy Assereto	Andy Assereto	Tom Ryan		Megan O'Connell		3	40
1996	Larry McDonnell	Andy Assereto	Frank Batmale	Jim Gallagher	Megan O'Connell		7	22
1997	Larry McDonnell	Andy Assereto	David Gordon		Megan O'Connell		3	22
1998	Larry McDonnell	Andy Assereto	Gary Alexander	Tom Ryan	Andrea Davies	Jeany Duncan	3	22
1999	Larry McDonnell	Andy Assereto	Gary Alexander	Jim Gallagher	Megan O'Connell	Rene Nicholson	7	22
2000	Larry McDonnell	Jiro Yamamoto	Greg Barron		Heather Piper	Jeany Duncan	7	43
2001	Larry McDonnell	Andy Sobozinsky	Greg Barron		Mary Kubel	Mary Kucel	7	43
2002	Larry McDonnell	Andy Sobozinsky	Joe Hallisy	Frank Iavarone	Virginia Rock		7	43
2003	Mars Rivera	Andy Sobozinsky	Andy Assereto		Theresa Kwan	Jeany Duncan	7	43
2004	Larry McDonnell	Andy Sobozinsky	Joe Hallisy	Jim Gallagher	Heather Buren		7	43
2005	Cesar Guillen	W Villavicencio	Andy Assereto	Gil Moreno	Moisa Cueto	Lorie Kalos	12	43
2006	Cesar Guillen	Dave Sweeney	Joe Hallisy	Bob Seranno	Nean Nicholson	Nean Nicholson	12	36
2007	Jiro Yamamoto	Jiro Yamamoto	Bill Kneis				3	





April 2nd, 2008 10:00AM Pacific Rod & Gun Club At Lake Merced

> Two Rounds of Clay Targets Full Bar and Lunch Included Contact: Terry Smerdel 650.537.0096 Station 17 Sign Up Today



California State Fire Marshal Classes Level 1

New Location:

SFO – CCSF Aeronautics Campus North Access Road & Clearwater Road http://www.ccsf.edu/Info/Map/airport.shtml

Cost: \$136 per course

Class	Dates	Location		
Fire Prevention 1B	11/13*, 19, 26 & 12/3, 10/ 2007 (Mondays)	SFO Classroom #8		
ICS 300	1/7, 8, 9/2008 - Cost: \$60	SFFD - 19th Street		
Fire Command 1C	1/17, 24, 31/2008 & 2/7, 14/2008 (Thursdays)	SFO Classroom #8		
Fire Instructor 1B	2/14, 21, 28/2008 & 3/6, 13/2008 (Thursdays)	SFO Classroom #8		
Fire Investigation 1B	3/10, 18*/2008 & 4/1*, 7, 14/2008 (3-Mondays & 2-Tuesday* on 3/18 & 4/1)	SFO Classroom #8		
Fire Command 1B	4/2, 9, 16, 23, 30/2008 (Wednesdays)	SFO Classroom #8		
Fire Prevention 1A	4/21, 28/2008 & 5/5, 12, 19/2008 (Mondays)	SFO Classroom #8		
*meets Tuesday				

Online Registration Required at:

https://www.ccsf.edu/Forms/cgi-bin/application.cgi

For Further Information:

Fire Science Technology 50 Phelan Avenue San Francisco, Ca 94112 (415) 239-3359 wlong@ccsf.edu http://foa.ccsf.edu/~wlong

PLAYER/NON-PLAYER APPLICATION FORM

GUNS & HOSES CHARITY TENNIS CHALLENGE To Benefit the S.F. Firefighters Toy Program and the Bay Area Law Enforcement Assistance Fund (BALEAF) SATURDAY, APRIL 26, 2008

> Hosted by the San Francisco Tennis Club 645 5th Street, San Francisco, CA 94107 (415) 777-9000

Player Name:		
Address:	City:	Zip:
Phone:	E-Mail:	
Tennis Rating: OR Level: Beginne	r Intermediate	Advanced
Tax Deductible Entry Fee: \$100.00 (In	cludes tennis, food & be	verages)
Payment Method: Check*:	Cash:	
NON-PLAYER/GUEST REGISTRAT Non-Player Name:		
Address:	_City:	Zip:
Phone :	E-Mail:	
I will attend the Tournament and will I	nave dinner: Yes:	No:
Tax Deductible Donation: \$30.00 each	Number of Non-Play	/ers:
Payment Method: Check: #	Cash:	
DONATION INFORMATION: I will not attend the Tournament or Di deductible donation in the amount of \$		
 Please make checks payable to "Gu SFTC members may fax their appl Reese with payment. Non-SFTC m to Bob Lopez, 828 Maple Ave, Burl For more information contact Wes Lopez (SFFD) at 650-315-8268, or 1 DEADLINE 	ication to (415) 777-2353 embers may mail their a ingame, CA 94010. ton Reese (SFTC) at 415 Robin Matthews (SFPD)	3 or submit to Westor application and check 5-777-9000, Bob 415-553-1093



COURT SPONSOR/DONATION FORM

GUNS & HOSES CHARITY TENNIS CHALLENGE To Benefit the S.F. Firefighters Toy Program and the Bay Area Law Enforcement Assistance Fund (BALEAF) Saturday, April 26th, 2008

> Hosted by the San Francisco Tennis Club 645 – 5th Street, San Francisco

We invite businesses and/or organizations to advertise their company by purchasing a banner that will be placed on the tennis courts during our tournament.

The price is \$250.00 per banner.

Company Name

Phone Number_

Address

City/State_

Check No.

Please make checks payable to "Guns & Hoses Charity Tennis Challenge"

Mail your check and this sponsor form to Guns and Hoses c/o Robert Lopez 828 Maple Avenue Burlingame, Ca 94010

Guns and Hoses Non-Profit Employer I.D. Number (EIN) is #01-0638649

S.F. Firefighters Toy Program Tax I.D. #94-2598851 Bay Area Law Enforcement Assistance Fund Tax I.D. #91-2006597

I do not wish to sponsor a court, but please accept the following tax-deductible donation in the amount of \$_____.

DEADLINE IS APRIL 21, 2008

ANNOUNCEMENTS

	MOVED?
FREE FINANCIAL SERVICES BROUGHT TO YOU BY SF FIRE CREDIT UNION FREE Quarterly FICO Credit Scores SF Fire Credit Union offers members the option FREE and Confidential Financial Counseling Credit Union members have free access to	Change of Address/Telephone Change of Beneficiary
of viewing their FICO Credit Scores on a quorterly basis free of charge. Scores are included on quarterly statements and displayed within Online Banking. financial counseling and education through the BALANCF Financial Etness Program. Find Out if Your Score Makes the Grade: Money Management FICO Score Credit Tier* T20 - 850 660 - 719 B	If you have just moved or are about to move, have a new telephone number or change in beneficiary:
030 - 659 C 0 - 629 D **Ters are according to SF free Credit Union's guidelines. Circlet Trees may vary frem institution to multitude. FREE Identity Theft Victim Resolution Services	FILL OUT THIS FORM AND RETURN TO: LOCAL 798 1139 MISSION STREET SAN FRANCISCO, CA 94013 ATTN: GAIL (415) 621–7103 or
Members are offered free resolution services that assist with recovery fram every aspect of identity theft and help protect from recurring fraud. Victim Resolution Services provides: Iwo Case Specialists that Work on Your Case From Beginning to End Actions to Stop Fraud – Cented Creditors and Credit Bureaus, Close Affected Accounts and Help Open New Replacement Accounts Assistance establishing fraud alerts with the 3 major credit reporting agencies WebBased Access to Monitor the Progress of Your Case 	E-mail: Gail@sffdlocal798.org with Subject: Change of Address NAME: FORMER ADDRESS: NEW ADDRESS: TELEPHONE: EMAIL: BENEFICIARY:
Preparation of Supplemental Police Reports Two Year Follow Up on Your Case to Ensure Complete Case Resolution and That No Further Fraud Has Taken Place	ULTIMATELY THIS HELPS YOU!
3201 Collifonia Street, San Frencisco, CA 94118 (888) 499-FIRE www.sflirecu.org Isted obove, contact the Credit Union at (888) 499 FIRE (3473) or www.sflirecu.org	Submissions: The deadline for submission of articles for the Main Line is: May - June 2008 / April 20, 2008 July - August 2008 / June 20, 2008 September - October 2008 / Aug. 20, 2008
San Francisco Firefighters Road Runners Club 31 st Annual Interstation Competition	Genentech
Date: Saturday, May 10, 2008 Time: 0900 Course: Lake Merced (4.5 miles) Start Area: Sunset Blvd parking lot Fee: \$5.00 before 5/6/08; \$10 Chocks to: SFFRRC Mail to: SFFRRC	CLIMB CALIFORNIA 2008
1671-16 th Ave. SF., CA 94122	WHEN: SATURDAY, MARCH 29, 2008
Sports Teams: 1 st Station Taram in Single Company & Multi Company Divisions Individuals: 1 st Station Taram in Single Company & Multi Company Divisions Individuals: 1 st Station Taram in Single Company & Multi Company Divisions Individuals: 1 st Station Taram in Single Company & Multi Company Divisions Individuals: 1 st Station Taram in Single Company & Multi Company Divisions Individuals: 1 st Station Taram in Single Company & Multi Company Divisions Individuals: 1 st Station Taram in Single Company & Multi Company Divisions Individuals: 1 st Station Taram in Single Company & Multi Company Divisions Individuals: 1 st Station Taram in Single Company & Multi Company Divisions Individuals: 1 st Station Taram in Single Company & Multi Company Divisions Individuals: 1 st Station Taram in Single Company Divisions Individuals: 1 st Station Taram in Single Company Divisions Individuals: 1 st Station Taram in Single Company Divisions Individuals: 1 st Station Taram in Single Company Divisions Individuals: 1 st Station Taram in Single Company Divisions Individuals: 1 st Station Taram in Single Company Divisions Individuals: 1 st Station Taram in Single Company Divisions <th>WHERE: 555 CALIFORNIA ST. WHAT: CLIMB 52 STORIES (1,197 STEPS) TO BENEFIT THE AMERICAN LUNG ASSOCIATION AND THE SAN FRANCISCO FIREFIGHTERS CANCER PREVENTION FOUNDATION</th>	WHERE: 555 CALIFORNIA ST. WHAT: CLIMB 52 STORIES (1,197 STEPS) TO BENEFIT THE AMERICAN LUNG ASSOCIATION AND THE SAN FRANCISCO FIREFIGHTERS CANCER PREVENTION FOUNDATION
Fill in all the blanks, sign, and mail to the above address, checks payable to: SFFRRC NameStationAge	LIQUIDS: 9AM SOLIDS: 9:30AM
AddressPhoneSex City Zip Birthdate Email Address	VISIT THE WEBSITE AT: WWW.CLIMBCALIFORNIA.ORG
In consideration of your accepting my entry, I, intend to be legally bound and hereby for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims or damages I may accrue against the representatives and assigns for any and all injuries suffered by me while traveling to and from and while participating in the Lake Merced 'Interstation Competition' run on Saturday, May 10, 2008. I further attest and certify that I am	FOR INFO CONTACT: Alan Reynaud - SFFF Climb California Team Captain at 415-920-2978
physically fit and have sufficiently trained for this event and my physical condition has been verified by a licensed Medical Doctor except when in violation of religious principles.	TOM O'CONNOR - SF FIREFIGHTERS CANCER PREVENTION FOUNDATION At 415-717-5322
Signature Date	



SAN FRANCISCO RETIRED FIREFIGHTERS OF SONOMA COUNTY PRESENT THE *FIFTY FIRST* SEMI ANNUAL LUNCHEON FOR RETIRED AND ACTIVE SAN FRANCISCO FIREFIGHTERS AND FRIENDS

DATE: APRIL 7, 2008

LOCATION: ELKS LODGE IN PETALUMA - 2105 SO. MCDOWELL (FROM HWY. 101 - EAST ON LAKEVILLE HWY. 116 SOUTH ON SO. MCDOWELL RUD.)

MENU: LUNCH SERVED @ 12:30 PM

COCKTAILS: NO HOST BAR OPENS @ 11:00 AM

PRICE: \$15.00 PER PERSON - RESERVATIONS STRONGLY REQUESTED ----<u>\$20.00 PER PERSON AT DOOR</u> ----MAKE CHECKS PAYABLE TO: S.F.R.F.S.C.

MAIL TO: CHAIRMAN - 245 GROVE ST. - WINDSOR, CA. - 95492

***** DEADLINE: MARCH 22, 2008 *****

NOTE: A BUS FROM S.F. LEAVES LAKE MERCED AT 10 AM. Anyone interested Call Jim Dowd at: 1-415-265-5010 - FIRST 55 ONLY!!!!

PLEASE PRINT ALL NAMES FOR NAME TAGS

NAME:_

NAME OF GUESTS: _

E-MAIL ADDRESS (IF YOU HAVE ONE) _

ATTENTION RETIRED MEMBERS:

San Francisco Employees' Retirement System Phone Number Has Changed!

The location has remained the same:

30 Van Ness Avenue, Suite 3000 San Francisco, CA 94102

The General Information telephone number at this location has changed:

(415) 487-7050 (415) 487-7058

SAN FRANCISCO FIRE DEPARTMENT STRESS UNIT



A COUNSELING SERVICE FOR EMPLOYEES

A part of being human is to experience problems and conflicts. In most cases we are able to resolve them ourselves. Occasionally, however, we are confronted with problems that require professional assistance. Through the Employee Assistance Program we have immediate access to professionals who can help us.

WHOM DOES IT SERVE?

The San Francisco Fire Department Stress Unit/EAP serves all employees of the San Francisco Fire Department and their families.

PEER COUNSELORS-

TOM POSEY • DOYLE MILLER The EAP/Stress Union <u>new location</u> is 501 Cesar Chavez, San Francisco. Peer Counselors are available 24 hours, seven days a week.

Phone (415) 206-1419

Leave your phone numbers and the counselors will be paged.

CONFIDENTIAL

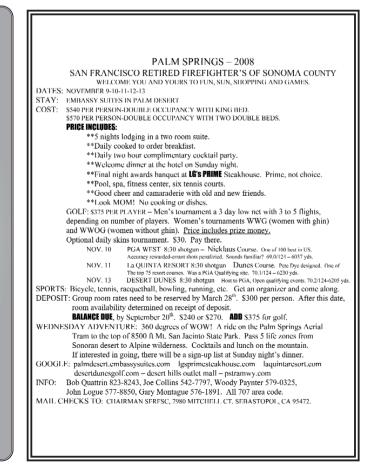
Personal requests for information or assistance are a matter solely between you and the counselor.

WHAT KIND OF PROBLEMS?

The Employee Assistance program offers confidential and professional counseling on problems of concern such as: Marital / Family / Alcohol Abuse / Drug Abuse / Stress / Persistent Anxiety Financial or Legal / Other Psychological / Emotional Problems

VOLUNTARY

At all times it is the choice of the employee to use the Empolyee Assistance Program. Use of the program is not recorded in the personnel file and does not affect the employee's standing on the job.



Attention:

All Members Thinking of Retiring...

Contact Secretary Frank Kelly at the Union Office 415-621-7103



CITY AND COUNTY OF SAN FRANCISCO **DEFERRED COMPENSATION PLAN**

INVESTING FOR RETIREMENT... SOUND OVERWHELMING?

DEFERRED COMPENSATION HELPS MAKE IT EASIER!!

The City and County of San Francisco and ING make retirement planning easier under the **City an d County of San Francisco 457 Deferred** Compensation Plan. By contributing to the Plan, you can supplement your retirement and enjoy these benefits:

- your contributions (up to the Internal Revenue Code limits) are made by convenient payroll deduction to a group annuity designed for long -term investing for retirement purposes
- reduced current federal and state income taxes; your contributions and earnings are not taxed until you receive them
- personalized service including individual appointments, investment modeling and retirement illustrations
- diverse investment options that provide you with flexibility in managing your account
- distributions permitted upon retirement, separation from service, accounts under \$5,000 if certain conditions are met, death or incurring an unforeseen emergency
- access your individual account 24 hours a day through ING's website www.ingretirementplans.com/custom/sanfran, or by calling ING Access at 1 -800-584-6001

For more information, or to schedule an individual appointment, call your **ING Representative at 415.364.20 17 or 1-888-822-1211.** Our local San Francisco Office is located at 1 Front Street (at Market Street) Suite 1425.

You should consider the investment objectives, risks and charges and expenses of the variable product and its underlying fund options carefully before investing. Fund prospectuses and information booklets containing this and other information can be obtained by calling 1-888-822-1211. Please read carefully

before investing. Insurance products issued by ING Life Insurance and Annuity Comp. Securities offered through ING Financial Advisers, LLC (Member SIPC)

C07-0420-004 (05/2007)



Meghan Doherty Registered Representative Account Executive CA Insurance License #0C91224

ING

DO YOU HAVE FIRE PHOTOS?

ATTENTION!!

Whether old or new, the Main Line is interested in publishing them in future issues.

Please forward to the Union office: 1139 Mission Street San Francisco, CA 94103

or contact

Stan Lee @ BFL - (415) 920-2933 or by email: sffd.mainline@gmail.com

Attention

To: Local 798 Members From: Tom O'Connor, Treasurer

Union Dues for 2007

\$1,097.84

If you have any questions, please call the union office at (415) 621-7103

Annual

James T. Ferguson



